Name of School - Lunch Menu Choice Menu

_4	02	Education Authority
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	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Chicken Goujons or Chicken Stir Fry	Breast of Chicken Curry with Boiled Rice & Naan Bread <i>or</i> BBQ Chicken Panini	Roast Loin of Pork <i>or</i>	Pasta Bolognaise or Margherita Pizza	Fish Fingers
29 th Aug 26 th Sept 24 th Oct 21 st Nov	Sweetcorn & Red Pepper Homemade Chilli Diced	Tossed Salad & Coleslaw Garden Peas	Traditional Stuffing/Gravy Carrot & Parsnip & Broccoli Oven Dry Roast & Mashed	Crusty bread	Baked Beans Chips or Baked Potato
19 th Dec 16 th Jan	Potatoes Frozen Smoothies & Fresh Fruit	Chocolate Pear Sponge with Custard	Potato Shortbread with Pear Slices & Black Grapes	Potato Salad or Mash Raspberry Ripple Ice Cream & Watermelon Chunks	Ice Cream & Fresh Fruit
WEEK 2	Oven Baked Sausages <i>or</i> Homemade Chilli Chicken	Breaded Fish Fillets or	Roast Breast of Chicken	Chicken Tikka with Boiled Rice & Naan Bread, Garden Peas <i>or</i>	Steak Burger & Bap
5 th Sept 3 rd Oct 31 st Oct 28 th Nov	Savoury Noodles Baked Beans/Tossed Salad Mashed Potatoes	Pasta Bolognaise & Crusty bread Sweetcorn & Peas/ Asian Slaw Mashed Potato	Traditional Stuffing/Gravy Broccoli /Sliced Carrots Oven Roast Dry & Mashed Potato	Chicken & Cheese Panini Garden Peas Baked Potato or Mash	Chips or Baked Potato Tossed Salad Coleslaw
26 th Dec 23 rd Jan	Arctic Roll with Sliced Peaches	Pineapple Chunks Frozen Yoghurt	Chocolate Brownie with Raspberry Milkshake	Tossed Salad Cake & Custard	Ice cream & Fruit Chunks
WEEK 3 12 th Sept 10 th Oct 7 th Nov	Breast of Chicken Curry & Rice, Naan Bread ,Garden Peas or Filled Baked Potatoes Salad Selection	Fish Fingers or Irish Stew & Wheaten Bread Baked Beans Mashed Potato	Roast Gammon Traditional Stuffing, Gravy Baton Carrots/Broccoli Oven Dry Roast & Mashed	Breaded Chicken Goujons <i>or</i> Spicy Chicken in a Warm Tortilla Wrap Pasta Salad Sweetcorn,	Breaded Chicken Bites Baked Beans Chips or Baked Potato Tossed Salad
5 th Dec 2 nd Jan 30 th Jan	Frozen Yoghurt & Fresh Fruit Selection	Tossed Salad Arctic Roll with Sliced Peaches	Potatoes Rice Pudding and Melody of Fruit	Homemade Chilli Wedges Flakemeal biscuit & Fresh fruit chunks	Ice Cream & Fresh Fruit
WEEK 4 19 th Sept 17 th Oct	Breast of Chicken Curry with Boiled Rice & Naan Bread, Garden Peas or Savoury Mince	Spaghetti Bolognaise & Crusty Bread or Tuna & Sweetcorn Wrap 1/2 Baked Potato with cheese Or	Roast Beef Traditional Stuffing/Gravy	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna) Fish Bite	Steak Burger with Bap Tossed Salad/Coleslaw Chips or Baked Potato
14 th Nov 12 th Dec 9 th Jan 6 th Feb	Garden Peas Mashed Potato	Mash Tossed Salad	Carrot &Parsnip & Broccoli Oven Dry Roast & Mashed Potato	Pizza Fingers Cocktail Sausages Carrot Sticks	Ice Cream, Pears, & Chocolate Sauce
o reb	Arctic Roll with Sliced Peaches	Cake & Custard	Chocolate Brownie and Banana chunk	Fresh Fruit Selection & Yoghurts	

Breads Milk, Water A Choice of Fresh Fruit & Yoghurt Available Daily

If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form

Menu Choices are subject to Deliveries



