

# ACCESS TO EDUCATION

Free course!

# NORTHERN

Regional College

## DO YOU WANT A FRESH START IN EDUCATION?

Whether you want to retrain, change careers or transform your skills, we can help regardless of your educational background or circumstances.

The focus of the course is on improving Literacy and Numeracy skills as well as giving an introduction to Health and Social Care.

We understand how daunting it can be to come back to education and we want to help you take that first step. Our approach is student centred and we are confident that we will be able to support and inspire you to learn and achieve, regardless of the challenges you face.

For more information  
or to apply online  
contact

[helen.hampsey@nrc.ac.uk](mailto:helen.hampsey@nrc.ac.uk)

Tel. 02879632462

[www.nrc.ac.uk](http://www.nrc.ac.uk)



## COURSE CONTENT

Subject may include:

- English
- Mathematics
- Social Science
- Sociology
- Health and Social Care
- ICT
- IT Skills
- Study Skills
- Wellbeing and Resilience

Students will complete  
Essential Skills

Communication, Application  
of number and IT.



This course is available at  
the following campuses:

- Magherafelt
- Newtownabbey

## FLEXIBLE LEARNING



Monday 5.00pm - 9.00pm

Tuesday 3.30pm - 9.30pm

Friday 9.30am - 2.30pm

# ADULT EDUCATION IN HEALTH & CARE

## NORTHERN Regional College



Courses available in Magherafelt Campus

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Access to Education - Level 2

Access Diploma in Social Sciences - Level 3

Specialist Support for Teaching and Learning - Level 3

Counselling Studies - Level 4

HNC Healthcare Practice - Level 4

Children's Care, Learning and Development - Level 2 and 3

#### Short courses

Meeting the needs of Learners with ADHD in the Mainstream Classroom - Level 2

Understanding Autism - Level 2

Awareness of End of Life Care - Level 2

Awareness of Dementia - Level 2

Awareness of Mental Health and Wellbeing - Level 2

Award in Introduction to Mindfulness and Reducing Anxiety in Children - Level 2



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