

MAGHERAFELT PRIMARY SCHOOL

	Week Commencing: Monday 2 March 2020	Week Commencing: Monday 9 March 2020	Week Commencing: Monday 16 March 2020	Week Commencing: Monday 23 March 2020
MONDAY	Chicken Curry & Rice, Naan Bread, Gravy or Oven-baked Fish, White Sauce, Peas/Sweetcorn, Salad and Creamed/Baked Potatoes ≈ Fresh Fruit/Yoghurt	Savoury Brown Stew or Oven-baked Fish, White Sauce, Diced Carrots, Gravy and Creamed/Baby Potatoes ≈ Rice Pudding & Fruit or Cheese & Biscuit	Oven-baked Sausages or Beef Lasagne, Salad, Creamed/Baked Potatoes, Gravy, Broccoli/Carrots, Crusty Bread ≈ Fresh Fruit/Yoghurt	Chicken Curry, Rice & Naan Bread or Oven-baked Fish, White Sauce, Mixed Vegetables, Salad and Creamed/Baby Potatoes ≈ Date & Oat Cookies/Custard/Fruit
TUESDAY	Pasta Bolognese or Oven-baked Sausages, Diced Carrots, Gravy, Crusty Bread, Salad, Creamed Potatoes ≈ Fruit Sponge & Custard/Fruit	Chicken Curry, Rice and Naan Bread or Beefburger, Broccoli, Salad and Creamed or Baby Potato ≈ Apple Sponge & Custard or Fruit	Salmon Fish Cakes or Fish Fingers, White Sauce and Creamed Potatoes or Chicken Curry & Rice, Naan Bread, Peas/Sweetcorn ≈ Fruit Muffin/Fruit/Custard	Chicken Goujons or Savoury Mince, Gravy, Salad, Broccoli/Carrots and Creamed/Baked Potatoes ≈ Frozen Yoghurt/Fruit
WEDNESDAY	Roast Gammon, Stuffing, Gravy, Dry Roast/Mashed Potatoes/ Salad ≈ Arctic Roll	Roast Pork, Stuffing, Gravy, Dry Roast/Creamed Potatoes and Baton Carrots/Cabbage ≈ Flakemeal Biscuit/Custard/Fruit	Roast Chicken, Stuffing, Gravy, Cabbage/Carrots and Dry Roast/Mashed Potatoes ≈ Frozen Mousse/Fruit	Roast Beef, Stuffing, Gravy, Turnip/Carrots, Salad and Dry Oven Roast/Creamed Potatoes ≈ Jelly Fruit Salad/Custard
THURSDAY	Cheese & Tomato Pizza or Chicken & Pasta Bake Mixed Vegetables/Broccoli Gravy, Salad and Creamed/Baked Potatoes ≈ Milkshake/Flakemeal Biscuit	Hot Dog or Tuna/Chicken Pasta Bake, Gravy, Salad and Creamed Potato ≈ Fruit Cookie/Fruit/Custard	Hot Chicken Paninis or Beefburgers, Gravy, Mixed Vegetables, Salad and Creamed Potato ≈ Ice-cream/Fresh Fruit	Pasta Bolognese or Cheese & Tomato Pizza, Mixed Vegetables/Green Beans, Gravy and Creamed Potato ≈ Frozen Yoghurt/Fresh Fruit
FRIDAY	Beefburger & Bap or Panini – Chicken/Cheese/Ham, Baked Beans, Carrots, Gravy, Salad and Chips/Mashed Potato ≈ Fresh Fruit/Frozen Yoghurt	Cheese & Tomato Pizza or Chicken Goujons, Baked Beans, Mixed Vegetables and Chips/Mashed Potato, Salad and Gravy ≈ Frozen Mousse/Fresh Fruit/Custard	Stuffed Bacon Rolls or Cheese & Tomato Pizza, Baked Beans/Peas, Salad, Gravy and Chips/Mashed Potato ≈ Fruit/Milk Pudding/Yoghurt	Oven-baked Sausages or Chicken & Cheese Paninis, Baked Beans, Sweetcorn, Gravy, Salad and Chips/Creamed Potatoes ≈ Fruit Muffin/Fruit/Custard
<p>Extra vegetables are added to all dishes and pureed fruit is added to desserts. Bread, fruit and milk available daily as part of the school meal cost (£2.60). Yoghurts also available daily. Fruit, toast, bagels and baguettes are available, for purchase, at breaktime (and scones on Fridays) – only 30p Menus may be subject to change. This menu may contain traces of nuts.</p>				